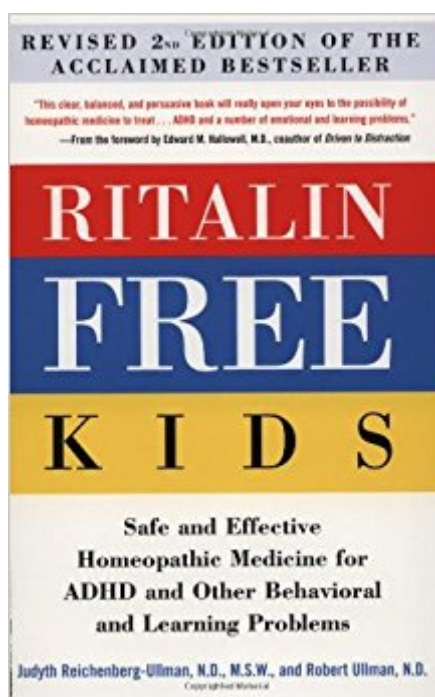


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# Ritalin-Free Kids: Safe And Effective Homeopathic Medicine For ADHD And Other Behavioral And Learning Problems



## Synopsis

Does your child really need drugs to get through the school day? More than six million children in the United States are taking stimulant medicationsâ "including Ritalinâ "to treat behavioral and learning problems such as attention deficit/hyperactivity disorder (ADHD). But there may very well be a better way to manage your child's emotional and learning problems, and you owe it to yourself and your child to find out. Ritalin-Free Kids offers you a safe, effective, and natural alternative to stimulants."Before you give your child stimulants, read this book." â "From the preface by Edward Chapman, M.D., clinical instructor, Harvard Medical School"I recommend this book to all parents searching for an alternative treatment to ADHD. The Ullmans demonstrate that every child can benefit from care tailored to their unique characteristics and temperament." â "Charles Moore, M.D., child and adolescent psychiatrist, New England Medical Center"As a physician who evaluates many inattentive and overactive children, I feel that we, as a society, are using stimulant medications far too often for the treatment of ADHD. I was very impressed by Ritalin-Free Kids and definitely recommend it." â "Richard Solomon, M.D., director, Allegheny Behavioral and Child Development Services, Allegheny General Hospital, Pittsburgh, Pennsylvania"This clear, balanced, and persuasive book will really open your eyes to the possibility of homeopathic medicine to treat . . . ADHD and a number of emotional and learning problems." â "From the foreword by Edward M. Hallowell, M.D., coauthor of Driven to DistractionVisit the authors' Web site at [www.healthyhomeopathy.com](http://www.healthyhomeopathy.com).

## Book Information

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## Customer Reviews

Excellent, concise, easy to follow. If you have a child who's behavior is causing you and their teachers/caregivers concern (whether it's ADD/ADHD or not), or that their personality is just too much to handle at times (too intense, obsessive, easily overwhelmed etc), or you are adverse to the possibility of your child having to take Ritalin etc, this book is a must read! We have taken our daughter to a naturopathic physician for over a year now, and the treatment she has received has made all the difference in the world! This book will change your life (and that of your child/children).

I've been using/studying homeopathy for 8 years. Using homeopathy is not a quick fix, and you will find that it may be necessary to use different remedies over a period of time as you start eliminating symptoms. With 1 child on the autistic spectrum and another child with dyslexia and ADHD, I can say that you have to also include dietary changes and behavior modifications, and various necessary therapies. I found homeopathy an aide to these therapies. In the past 2 years both children have improved so much, that I actually had to argue with the school that my high functioning autistic child was still autistic but the symptoms are more subtle. He has never been on any medications. My ADHD child is on Zoloft, which helped tremendously with his anxiety. With homeopathy remedies, he no longer has tantrums, he's patient, has great long term memory and completes long term tasks with wonderful focus. This book has helped me find the other not used very often remedies to deal with the impulsivity and his slow response to auditory information. It might be that he will always need traditional medication for a chemical imbalance for his anxiety. I find the homeopathics help accelerate the healing process in both my children. This book is the best I've found so far, in eliminating the remaining individual symptoms of ADHD. Last year they were going to put my child on Ritalin, now the Psychiatrist feels that it's not needed anymore.

As the mother of four young children, I realized when one of my children was very young that he was an extremely high-energy, precocious bundle of energy. I found this book at my local library when I was trying to educate myself about the implications of ADHD, yet he was only three or four, so we waited a few more years before actually seeking treatment. Early on in our research, my husband and I agreed that we would do anything possible to improve his well-being without resorting to drugs. After a year under Dr. Reichenberg-Ullman's care, my seven year-old son has improved tremendously! Homeopathic treatment does not happen overnight, and it requires patience, and in our case, the first remedy did not make significant enough improvement, so we tried another, which has been nothing short of amazing! PLEASE READ THIS BOOK IF YOU OR

ANYONE YOU KNOW IS DEALING WITH ADD/ADHD. Not only does the book include many case studies and real-life examples, I felt that it provided an overview of ADD/ADHD symptoms, conventional medications, and introduction to homeopathy. I have several copies that I loan to my son's teachers, coaches and family friends.

This book is fantastic. I recommend it to any person who has a ADD/ADHD child. I truly possible to make your child better without Ritalin. I may take awhile because homeopathy seems so hard, but it works. As a engineer, I don't easily believe things like this, so when I saw homeopathy work I was amazed.

Ritalin-Free Kids has changed our lives. I have taken my daughter to see Dr. Ullman and she is now a new person. She was border line ADD and the next step was Ritalin. There were so many things she was not able to do. Ride her bike, swim, go across the monkey bars, tie her shoes, control her emotions and more. She also had unusal dislikes. She could not stand the smell of any fruit product or buble gum. She did not like any fruit drink or punch. At 18 months of age, she suddenly stop speaking and did not start again until age 3. Her speech came only after I enrolled her in a special education class for speech. Traditional doctors have not been able to explain why this occured, but Dr. Ullman could. My daughter can do all the activities I listed eariler. It was turly a Godsend and I thank God for Physicians like the Ullmans. Everyone should consider this option before putting themselves or their children on addictive drugs like Ritalin. Homeopathy should be our first option, not our last..BUY THIS BOOK, YOU'LL BE GLAD YOU DID.

As the mother of several boys with ADHD, I can tell you that this book changed our family dynamics forever! I had been searching for help for so many yars and not wanting to use drugs. I looked at many natural options but didn't find any lasting help. We resorted to Ritalin out of despiration. They were on this for a year before a friend fround this book and brought it to my attention. The book is well written and easy to understand. I saw my boys in so many of the stories in this book and found hope again that my children could get the help that they needed without drugs. Dr Reichenberg has subsequently treated our entire family with amazing results. Homeopathy is not just for treating ADD/ADHD. You have to read this book if your family or someone you care about is struggling with this or any other physical, or emotional issues. It will change your life!

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